POTSDAM, NY – Pediatrician Miriam Alvarado, MD, has joined St. Lawrence Health System’s team at Canton-Potsdam Hospital. Her office is located at the EJ Noble Building, 80 East Main Street, Canton.

Dr. Alvarado earned her medical degree at the Latin America School of Medicine, Cuba; and underwent her residency at Texas Tech University Health Sciences Center, El Paso, Texas.

“I am thrilled to be part of a great team of pediatricians at Canton-Potsdam Hospital, and to be able to be a positive influence in the lives of children and their families. I have always loved Pediatrics because children are so inspiring. Their genuine smiles and resilience uplifts my heart and truly motivates me to do my utmost best,” Dr. Alvarado said.

“I wanted to be part of a small community where I believe I can make a lasting impact with positive guidance, and prevent lifelong consequences through teaching and preventive medicine for the future of tomorrow. This is why I chose Canton-Potsdam to practice,” she added. “I fell in love with the area’s natural beauty, and the people I met have been welcoming. The atmosphere is serene, safe, and provides great educational opportunities. I am looking for a work-life balance, and quality of life for my family. I strongly believe a society with a firm foundation is like a family, and being a part of Canton-Potsdam Hospital will provide me with that balance I desire so much.”

In her spare time, Dr. Alvarado was actively involved in the Martial Arts Sport of Taekwondo, in which she has earned her Basic Green Belt. She is also a graduate of the School of Ministry, Havana, Cuba; and has a Certificate of Graduation from the International Mission Outreach Network, Inc. in Theological Studies from the International Center of Christian Development, Havana, Cuba.

As a pediatrician, Dr. Alvarado manages the health of children, including physical, behavior, and mental health issues. She is trained to diagnose and treat childhood illnesses, from minor health problems to more complex diseases.

For more information about Pediatrician Dr. Miriam Alvarado, visit https://www.stlawrencehealthsystem.org/providers/miriam-alvarado.