



*"Volunteers do not necessarily have the time;
they just have the heart."*

Dear Massena Hospital Auxiliary Members,

Throughout 2022, Massena Hospital has realized growth and gained a more positive reputation in large part thanks to the unwavering support of our Auxiliary. You influence and inspire better health care every day, and our staff, providers, patients, and their loved ones notice. Our Patient Satisfaction Survey results are trending upward as are our service volumes. On behalf of our Board of Directors, thank you. We hope you know how much we appreciate your service as volunteers and ambassadors of the Hospital.

Through the hard work of our dedicated staff, volunteers, and providers, the Hospital reached many notable milestones last year.

- MH onboarded 10 new providers, which included six in Emergency Medicine, two in Psychiatry, and one each in Cardiology and Primary Care. The addition of the Primary Care provider permitted the reopening of the Louisville Health Center.
- We are amidst a \$1.2M Wound Care Center construction project, which will consist of a hyperbaric chamber treatment area with two chamber units and five exam rooms. A new service to St. Lawrence Health, wound care is a critical piece to providing comprehensive care, particularly for specialists in the fields of general surgery and podiatry.
- The Hospital expanded its infusion treatment suite with additional square footage and a third infusion chair, and expanded hours to accommodate patients' needs. Services include therapeutic phlebotomies, IV hydration, port flushes, and lab draws from ports and PICC lines.
- MH Detox Services opened in May of 2021 and 203 patients were served during that year. In 2022, 373 patients were treated. Since opening, staffing has expanded to include two full-time counselors as well as a full-time peer advocate to complement the 24/7 medical care from our medical team.
- MH's Psychiatry Clinic opened in January 2022, and is currently staffed with a full-time Psychiatric NP and full-time Psychiatrist (mainly telehealth), along with a full-time RN, and Patient Representative. In 2022, the MH clinic saw 398 unique patients, for a total of 1,315 visits.
- Along with Canton-Potsdam and Gouverneur hospitals, Massena Hospital earned Age-Friendly Health Systems Level 2 Designation by the Institute for Healthcare Improvement. Launched by HANYS with support from the New York State Department of Health, designated health systems have adopted the "4Ms: What Matters, Medication, Mentation, and Mobility" into their delivery of care, affording older adults the opportunity to meaningfully participate in their own care.
- In collaboration with Rochester Regional Health, SLH implemented EPIC's world-renowned CareConnect electronic medical records system and MyCare patient portal platform in April 2022. Immediately, patients had access to elevated, advanced specialty care, one comprehensive electronic health record, and an integrated 'MyCare' portal system.

We have so much to be grateful for and to be optimistic about. I look forward to working closer together as we continue to make Massena Hospital the reputable, reliable, modern hospital our patients need and deserve.

Sincerely,



David Bender
Massena Hospital President

Treasurer's Annual Report for General Fund

For the year January 1– December 31, 2022

General fund balance end of 2021 **\$8,337.47**

Deposits:

Membership	\$1,180.00
Fundraising	\$10,071.00
Miscellaneous	\$500.00
Gift Shop transfers	\$385.00
Donations	\$1,397.00
Vending	\$5,695.57

Total deposits 2022 **\$19,228.57**

General fund balance **\$27,566.04**

Disbursements:

Sewing Supplies	\$1,805.34
Scholarships	\$2,750.00
Patient Gifts	\$112.22
Fundraising	\$1,210.73
Miscellaneous	\$574.33
Donations	\$10,563.91

Total disbursements 2022 **\$17,016.53**

General fund balance December 31, 2021 **\$10,549.51**

KeyBank savings account:

Balance December 31, 2021	\$15,814.99
2/9/22 Gift Shop Transfer	\$16,000.00
12/29/22 Closing of the Gift Shop Account	\$1,452.16
Total interest credited year 2021	<u>\$3.01</u>

KeyBank balance December 31, 2022 **\$33,270.16**



Dear Fellow Auxilians,

Another year has raced by and I have learned a lot and continue to learn. Your support is appreciated.

It has been a busy year as we have had several fundraisers, which help us continue to give out two scholarships every year to students pursuing a medical career, and to help purchase equipment for Massena Hospital.

I would like to thank our members for the time they put into creating pillows, critters, and patient gifts throughout the year. We often received great feedback from Hospital staff, patients, and family members regarding these gifts and the difference they made for the Hospital's patients. The time spent on the projects did not go unnoticed, and the gifts brought smiles to the Hospital's patients.

The success of the Massena Hospital Auxiliary continues to need your presence and participation in our events and activities. Like the saying goes, "it takes a village."

As I have mentioned in the past, I welcome any ideas or comments you have.

Sincerely,

Maria Macaulay
Auxiliary President

Respectfully submitted,

Chris Lazore
Auxiliary Treasurer

2022-2023 Board of Directors



(Director Karen Wilkins missing from photo)

ELECTED OFFICERS

President Maria Macaulay
 Vice President Kay Romeo
 Secretary Julianne Fowler
 Treasurer Chris Lazore

DIRECTORS

3 Year Patty O'Connell
 3 Year Karen Wilkins
 2 Year Elizabeth Barnes
 2 Year Judy Durant
 1 Year Lee LaRosa
 1 Year Fran Orlando

CHAIRPERSONS OF STANDING COMMITTEES

Fundraising	Kay Romeo
Membership	Mara Pelifian
Secretary and Publicity	Julianne Fowler
Patient Gifts	Becky Shaw
Scholarships	Elizabeth Barnes
Sunshine	Lisa Long
Sewing	Holly Derouchie

Donation to Massena Hospital

MOBILE WORKSTATION

With our fundraising events and the hard work of our volunteers, the Auxiliary was able to write a check to Massena Hospital on June 8 in the amount of \$10,538.96 for the purchase of an Olympus WM-DP3 Mobile Workstation. MH Chief Nursing Officer Ralene North and MH Director of Surgical Services Don Burlingame are pictured receiving a check from President Maria Macaulay and several other members of the Auxiliary.



WM-DP3 is a mobile workstation designed to enhance the Olympic Imaging Platform System. The specialized features of this unit facilitate the endoscopy equipment to be aligned to allow optimal handling of the scope by the practitioner and staff. The two independent monitor arms enhance the provider's view of the stomach, intestines, or respiratory system. The ergonomic design of this cart can reduce staff injury. Better visualization, streamlining of equipment and supplies, and easy care mobility provide an efficient, organized, and safer procedure.



Fundraising Events

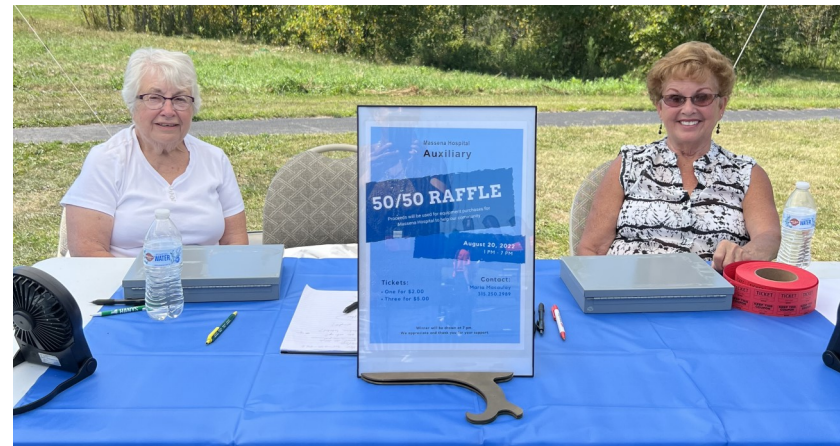
SPAGHETTI DINNER

The Auxiliary had its first Spaghetti Dinner fundraiser at the Italian-American Club in April. We profited \$2,674 from this event.



FISHING TOURNAMENT

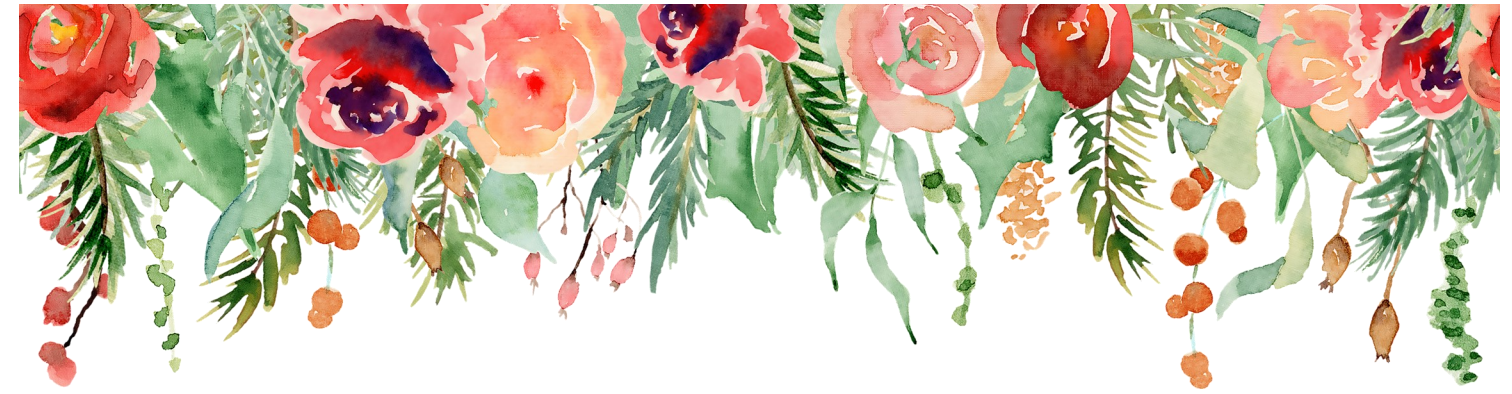
The Auxiliary sold 50/50 raffle tickets at a fishing tournament in August at the Massena Intake. We profited \$450 from this raffle.



PUNTA CANA TRIP RAFFLE

The Auxiliary sold raffle tickets during November and December for the chance to win a one-week stay at the Hard Rock Casino and Resort in Punta Cana, Dominican Republic. We profited over \$7,000 from this fundraiser.

The winner of the raffle was drawn on January 11, 2023. Pictured are Auxiliary President Maria Macaulay with our randomly selected winner Terry Jensen.



In Loving Memory of

Loretta "Wella" Opalka

2022

Massena Hospital Auxiliary Volunteer



Membership

Year	2022	2021	2020	2019	2018
Membership Total	102	95	95	100	113



Activities and Services

COMMUNITY ORGANIZATIONS FAIR

We participated in a community organizations fair held at the Massena Library. Participating in this event allowed us to connect with members of the community and inform them of some of the services the Auxiliary provides to Massena Hospital and the community.

SCHOLARSHIP COMMITTEE REPORT

The Scholarship Committee was able to resume personal interviews with applicants, after having been unable to conduct these interviews for two years due to COVID precautions. The committee members are Chairperson Betty Barnes, Patty O'Connell, and Judy Durant.

Scholarships were awarded to two students:

Carlie Donnelly is attending LeMoyne College/St. Joseph's College of Nursing in Syracuse, NY. She is enrolled in the Bachelors of Science/Registered Nurse program.

Elizabeth Girard is attending North Country Community College in Saranac Lake, NY. She is pursuing an Associate of Applied Science degree in Radiology.

The amount paid to scholarship awardees was \$2,750. This included awardees from previous years for 2019 and 2020. Next year, there remains two recipients from 2020 who will receive \$250 each; completing their scholarships.

In 2023, the Auxiliary will be committing to \$2,500. This will complete the awards from the previous years and year 2023.

Twenty-twenty four will be the first year when no awards will need to be paid from the previous years. The Auxiliary's commitment will be a total of \$2,000; two students will receive \$1,000 each. The scholarships will be awarded in two checks; one at graduation and the other at the end of their first semester, as long as the student remains in a health care field of study.

"Massena Hospital Auxiliary, Thank you for continuing to support my education with your scholarship program. This was my first year of grad school, and while it has been challenging, it has also been extremely rewarding. This semester, I begin my medicine and diagnosis classes, which I am very excited about. Thank you again!"

Sincerely, Scholarship Recipient

Activities and Services

HOLIDAY DECORATING

We were very happy to put up and decorate trees in December for the Massena Hospital staff and patients/visitors. As you know, COVID put a pause on the holiday decorations for a couple years. We received many nice comments from the Hospital staff.



TOASTY WARM PROJECT

Thanks to our Auxiliary members and generous community, we collected more than 100 winter apparel items and \$300 in monetary donations to help keep pre-K through grade 8 Massena schools students warm this winter. Auxilians Julianne Fowler, Maria Macaulay, and Judy Durant delivered the items to Massena High School on December 9, 2022.



Meetings

BOARD OF DIRECTORS

The Board of Directors' meetings were held on the second Wednesday of January through June, and September through December at 10:00 am in the Hospital's Board Room. Hybrid meetings were held for Board Members unable to attend in person.

GENERAL MEMBERSHIP

Two general membership meetings/luncheons were held in 2022. The Spring Luncheon was at the Italian-American Club on May 18. The Fall Luncheon was at the Massena Elks Lodge on October 19. The Luncheons were organized by the Directors.



Activities and Services

SEWING COMMITTEE

Holly Derouchie delivered items to the Progressive Care Unit, Laboratory, and Emergency Department.

- Pillows – 448
- Critters – 30
- Stickers – 3,862

Expenses:

Poly Fil Batting – \$509.24
SmileMakers Stickers – \$149.02
Expressa Labels – \$310
JoAnn Fabrics Material – \$795.61
Total – \$1,763.87

The Sewing Committee volunteers (pictured below) were Gay Feeley, Nancy Scott, Chairperson Holly Derouchie, Marcia Curran, and (missing from photo) Chris Lazore.



“Thanks so much to the Massena Hospital Auxiliary ladies for the wonderful pillows. Our patients just love them. The prints are uplifting and fun. The pillows can be placed in multiple positions to alleviate pain and discomfort. I am happy to say our patients like bringing their pillows home,” Health Unit Coordinator T. Kirkey said.

“My brother wanted to thank you for the Massena Hospital Auxiliary pillow given to him. That pillow made all the difference. It helped his neck, supported his arm with the IV, and he hugged it when he coughed. Thank you to the Auxiliary for being so thoughtful,” the sister of an infusion patient said.

Activities and Services

“The neck pillow given to my mom was a wonderful surprise when she broke her hip. Mom had a lot of pain from arthritis, and the pillow gave her that extra support she needed to help her be more comfortable in the Hospital. She continued to use the pillow at home while sitting in her recliner. Being petite, her head didn’t hit the chair pillow right. Your pillow gave her neck support. Her pillow became her best friend. Thank you so much for the ‘support’ you gave my mom when nothing else could make her comfortable,” a patient’s daughter said.

PATIENT GIFTS

Handmade gifts were given to Hospital inpatients and infusion patients on Valentine’s Day, Easter, July Fourth, Thanksgiving, and Christmas. The Hospital Café and Infusion Department each handed out a total of 120 gifts. The cost of the materials to make the gifts was \$133.05. Stickers were put on each gift to let the patients know the Auxiliary had made them. We had eight volunteers help assemble the gifts, which were Chairperson Becky Shaw, Jim Shaw, Fran Orlando, Marcia Curran, Ann Keenan, Eileen Ditullio, Pat Pellegrino, and Noreen Helmer.



“Patients love the gifts from the Massena Hospital Auxiliary and have mentioned they are the highlight of their day,” the Massena Hospital Café staff said.

SUNSHINE

Lisa Long mailed 23 get well, sympathy, and thank you cards to our members on behalf of the Auxiliary.

FOUNDATION

The Auxiliary volunteered their services to help the Massena Hospital Foundation with the following:

- 1st Rescue Me Golf Tournament, which supported area Rescue Squads and Fire Departments
- 34th Annual Golf Tournament
- Delivered holiday cookies and winter hats to the Massena Hospital staff to show appreciation

MEMBERSHIP

Mara Pelifian reported that as of the end of December 2022, the Massena Hospital Auxiliary had 102 members.